

Behind the Walls – Residential Programs Provided

BC Trauma Care

BC Borstal understands the importance of personal histories and how one's past can alter the course of their natural development. Many people view trauma as the outcome of a major violent event. In fact, trauma is much more complex. Trauma has as many causes as it does forms - from neglect to family dysfunction; exposure to war; emotional/physical and/or sexual abuse; a survivor or witness to a violent crime; a horrific car accident; or prison. For most, these events will serve to reshape the person's future, and can impact everything from relationships - to work - to one's health. Trauma therapy and support will allow a person to regain control of the traumatic event(s); to build resiliency; and reclaim those parts of their lives that trauma has touched. *The BC Borstal recognizes trauma as one the primary underpinning of most mental health, addictions and criminal behavior issues.* All our operations work from a Trauma Informed Care model and our residential program has access to an onsite and Registered Counselor specializing in Trauma and Addiction treatment

Lifestyle Balance Skill Development

The BC Borstal Association provides life skills development workshops for men on conditional release at our Dick Bell-Irving CRF. The workshops include teaching in areas such as: self-esteem and self worth recognition; personal hygiene; foodsafe, cooking and budget management; personal finance management; employment search and professional development; education training; and, lifestyle balance. Lifestyle balance is a critical component of our approach. We believe that healing and recovery is fostered by growth in all the areas that make us whole. Our program provides continuous opportunities for applied learning and personal growth in experiential ways

CAD Support Program

The BC Borstal Association has a service agreement with St. Leonards Society of North Vancouver providing residential alcohol and drug support to men on conditional release and awaiting entry into the Community Alcohol and Drug Program

Departure Program

Finding safe and affordable housing is very challenging in the Lower Mainland and compounded by a criminal record. Our program offers a structured and systematic approach to housing that prepares an individual for their next step into the community